



A Weekly Update
For The Employees of
North Central Health Care

NCHC EMPLOYEE APPRECIATION WEEK

NEXT WEEK! August 18th - 22nd, 2025

DETAILS ON PAGE 3



NEWS YOU CAN USE

WEEKLY CONNECTION WITH GARY OLSEN



As many of you know, I “Love” (hope you all caught the metaphor #10) the Green Bay Packers. So you can imagine how excited I am that Packers Training Camp is officially underway again and we actually have one preseason game under their belts already! It’s that time of year when the team laces up, hits the field, and gets down to business preparing for a successful season. And while it’s hard to believe summer is already flying by, there’s something energizing about watching a team come together with a shared purpose.

In many ways, what we’re seeing in Green Bay is no different from what we see every day across NCHC. Training camp isn’t just about throwing passes and running drills — it’s about teamwork, communication, trust, and building strong partnerships. Sound familiar?

One of our core values is Partnership, and it’s alive and well in everything we do. Whether it’s between departments, among coworkers, or in how we support our clients and residents, the spirit of partnership drives us forward. Just like the Packers preparing for game day, each of us plays a vital role in our success as an organization and in the lives of those we serve.

So as the Packers train for their season ahead, let’s take a moment to appreciate the work we’ve all put in this summer — showing up, supporting each other, and tackling each challenge together. We’re one team, united by purpose, and committed to delivering person-centered service with heart.

Go Pack Go — and go team NCHC!

Gary D. Olsen

Gary Olsen, Executive Director

Welcome NEW Employees!.. **2**

Reminder: Slow Down **2**

Appreciation Week Details ... **3**

Foodie Forecast **4-5**



TYLER JOHN
Aquatic Therapy

Displayed exceptional patience & professionalism while working with a VERY energetic child in the pool.

Jodi Ravey



Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.



WELCOME THESE New Employees TO THE TEAM!

MVCC - Long Term Care



Natasha Arriola
Hospitality Assistant



Joyce Kluck
Registered Nurse



Brianna Laszewski
Hospitality Assistant

YBHH



Miles Geske
In-Training Therapist



Skylar Wileaver
BHP



Rachel Hockin
Laundry Worker

We are so excited to
have you on our team!



REMINDER: PLEASE SLOW DOWN

We've received reports of staff driving a bit too fast through the southwest side neighborhood on their way to work, especially along Sturgeon Eddy Road and Lake View Drive. These are residential streets where children, pets, and pedestrians are often present, so it's important we all drive with care.

Please watch your speed, give yourself a little extra travel time, and help keep our neighbors safe. A few extra seconds on the commute is worth avoiding a serious accident.



North Central Health Care
Person centered. Outcome focused.

Reach Your Goals with Tria Health

Schedule Now!



Active Participants will Receive:

- Up to \$150 by attending three pharmacist consultations within a 12-month period
- Free blood glucose meter and testing supplies
- Free blood pressure cuff

Tria Health: Transforming Health Care

Tria Health provides private, confidential conversations with a Tria Health pharmacist (coach) over the phone to help you keep your chronic conditions under control.



Medication Savings

Tria Health pharmacists can assist you in finding clinically appropriate, lower costing medications.



Avoid Side Effects

Find out if your over-the-counter medication is interacting with your prescriptions. A quick call to Tria Health can ease all your concerns.



Care Coordination

After talking with your Tria Health pharmacist, they'll reach out and coordinate any recommendations directly with your doctor(s).

You Need Tria Health if...

- You have a chronic condition.
- You have questions about how your drugs interact.
- You want to save money on your prescriptions and health costs.

Tria Health is Recommended For:


Members who have the following conditions and/or take multiple medications:

- Asthma/COPD
- Diabetes
- Heart Disease
- High Blood Pressure
- High Cholesterol
- Mental Health
- Migraines
- Osteoporosis



Schedule Your Appointment!

913.322.8456 | www.triahealth.com



NCHC EMPLOYEE APPRECIATION WEEK

August 18th - 22nd, 2025

Get ready to soak up the sunshine and good vibes during our **Tropical Employee Appreciation Week, a time to celebrate YOU!**

We're bringing the island energy with themed dress-up days, sweet treats, fun games, relaxing activities, and a photo-booth ALL week!

Whether you're rocking your brightest colors or sipping on an ice cream float, there's something for everyone to enjoy.

Casual island vibes are welcome, so feel free to wear Jeans every day this week!

Just remember to keep your tropical styles workplace-appropriate.



MONDAY | AUGUST 18TH

Dress-up Theme: Hawaiian Shirt or Bright Yellow Day

Start the week off in sunny style by wearing your favorite Hawaiian shirt or bright yellow attire. Be on the lookout for island swag giveaways across campus to kick things off!

TUESDAY | AUGUST 19TH

Dress-up Theme: Tourist Tuesday or Bright Blue Day

Dress like you're headed on vacation! Think hats, sunscreen, fanny packs, camera straps, or wear bright blue! Wausau Campus: Enjoy Ice Cream Floats in the cafeteria from 10:00am-2:00pm!

WEDNESDAY | AUGUST 20TH

Dress-up Theme: Sunglasses & Beach Hats or Bright Green Day

Keep the tropical vibes going with your coolest sunglasses, beach hats, or anything bright green! Today is also Wausau Picnic Day! Join us in the cafeteria for food from 10am-2pm! Self-serve: 2pm-6:30pm

THURSDAY | AUGUST 21ST

Dress-up Theme: Tropical Colors or Bright Orange Day

Break out your boldest tropical prints or bright orange apparel! Join in on Island Trivia for a chance to win tropical-themed prize baskets! Today is also Antigo & Merrill Picnic & Ice Cream Float Day! Join us!

FRIDAY | AUGUST 22ND

Dress-up Theme: Floral Friday or Pink & Purple Day

End the week on a vibrant note by wearing floral prints or shades of pink and purple. Take a moment to relax and recharge with tropical-themed coloring pages and colored pencils, available around campus for a calming break.

MAHALO FOR ALL YOU DO!



THE BISTRO

NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMMODATE STAFF BREAKS

*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM *



PANINI OF THE WEEK

Bistro Club

HAM | TURKEY | BACON | TOMATOES | SWISS | MAYO

DESSERT OF THE WEEK

Apple or Cherry Pudgy Pie Panini



BACK FOR THE SEASON!

Ice Cream

ICE CREAM CONE1.50

ICE CREAM SUNDAE2.25



SHARE SOME LOVE WITH BISTRO BUCKS!





AUGUST 11-15, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Meatloaf Baked Potatoes Broccoli	Parm Chicken Rice Pilaf Beets	Pork Chops O'Brien Potatoes Mixed Veggies	Chili Cheddar Biscuit	Lasagna Breadsticks Broccoli
SOUP	Chicken & Rice Soup	Cheesy Cauliflower Soup	Taco Soup	Beefy Noodle Soup	Cream of Broccoli Soup
ALT. OPTION	Chef's Choice	French Dip	Breaded Fish on Bun	Burger Bar	Tachos
DESSERT	Brownie	Cookies	Strawberry Yogurt Pie	Oreo Pie	Cherry Delight

AUGUST 18 – 22, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Roast Beef Mashed Potatoes Green Beans	Chicken Alfredo Bread Sticks Beets	Pork Loin Sweet Potatoes Buttered Peas	Ranch Meatloaf Garlic Pasta Zucchini/Tomatoes	Battered Fish Country Potatoes Slaw
SOUP	Veggie Chowder	Potato Soup	Minestrone Soup	Beefy Vegetable Soup	Split Pea Soup
ALT. OPTION	Chef's Choice	Egg Rolls	Chicken Bacon Flatbread	Turkey Berry Wrap	Taco Bar
DESSERT	Cookies	Chocolate Peanut Butter Torte	Chocolate Eclair	Monster Cookies	Blueberry Delight

WHAT'S FOR LUNCH?

**WAUSAU CAMPUS
EMPLOYEE
CAFETERIA**
OPEN TO ALL NCHC
& WAUSAU CAMPUS
EMPLOYEES

MONDAY – FRIDAY

Grab-N-Go 8 am – 6:30 pm

Lunch 10 am – 2 pm
Soup, Salad Bar
& Hot Food Bar

Soup Served until 6:30 pm
or until sold out.

WEEKENDS

**The Employee Cafeteria
is Closed.**

**WEEKDAY SALAD BAR &
HOT FOOD BAR \$.45/OUNCE**

Daily Alt. Menu

**FEATURING DAILY SPECIALS
LIKE GRILLED BEEF & CHEDDAR,
CHEESEBURGERS, BBQ, NACHO
BAR, PIZZA & MORE!!**

Make your own cold or hot sandwich
with fixins' OR self-serve
at the salad bar.

